

HUMILITY BRINGS ULTIMATE PEACE

Sunday, May 3, 2026 -- 1 PETER series -- msg 33 -- Pastor Andrew Coleman

1 PETER 5:6-7

English Standard Version (ESV)

6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, 7 casting all your anxieties on him, because he cares for you.

REVIEW & CONTEXT:

- 1) On Sunday March 15, heard we studied this text in a clear expository format.
- 2) This is part of Peter's conclusion where he gives some extremely important instructions and reveals some very great promises.
- 3) This passage can help us greatly in coming to the Lord's Table with the right attitude of both heart and mind.

FOUR SPIRITUAL REALITIES SEEN IN 1 PETER 5:6-7

REALITY 1 — HUMILITY IS THE DOORWAY TO GOD vs 6

"Humble yourselves, therefore, under the mighty hand of God..."

Humility is **not** optional — it is the entry posture into the Christians life.

Before God — it is surrender to Him as Lord

it is submission to Him as Master

Before others —

it is esteeming others as more important than yourself

It not thinking less of yourself, but thinking of yourself less.

Matthew 11:29 Jesus says it.

29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

John 13:3–5 Jesus shows it.

3 Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going back to God, 4 rose from supper. He laid aside his outer garments, and taking a towel, tied it around his waist. 5 Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him.

The '**mighty hand of God**' — would wash dirty feet and be pierced by nails.

6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, 7 casting all your anxieties on him, because he cares for you.

REALITY 2 — HUMILITY TRUSTS GOD'S TIMING. vs 6

"...so that at the proper time he may exalt you."

Humility releases the need to exalt yourself.

Isaiah 53:7 *He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth.*

Luke 23:46 *Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last.*

Jesus entrusted His life to the Father... even when obedience led Him to the cross.

REALITY 3 — HUMILITY RELEASES BURDENS. vs 7

"Casting all your anxieties on him..."

Pride carries burdens.

Pride says: "I'll carry it."

Humility casts burdens.

Humility says: "I need Him."

Matthew 26:38–39 (Jesus in the Garden of Gethsemane)

38 Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me." 39 And going a little farther he fell on his face and prayed, saying, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

REALITY 4 — HUMILITY RESTS IN CHRIST'S CARE vs 7b

"...because he cares for you."

Anxiety grows where God's care is doubted.

Peace grows where God's care is trusted.

Hebrews 4:15

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

John 10:11 *The Good Shepherd lays down his life for the sheep.*

The One who tells you to cast your burdens (sins, troubles, anxieties) on Him... is the One who carried your sins far away for you.

PSALM 103:12

As far as the east is from the west, so far has he removed our transgressions from us.