



Life Line



GUARD YOUR SPEEDH

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs. That it may benefit those who listen. (Ephesians 4:29)

The words we speak are powerful. With our words we can bless or curse. Our speech either builds others up or tears them down. The things we say either honor the Lord or bring dishonor to his Holy name.

Jesus said the words we speak reflect the character of our heart, declaring, “For out of the overflow of the heart the mouth speaks. The good man brings good things out of the good stored up in him” (Matthew 12:34-35). In other words, what we say is what we are. That is, what is down in the well is what comes up in the bucket.

Paul’s admonition about guarding against “any unwholesome talk” was addressed to Christians of the first century. Apparently, this generation of followers of the Lord Jesus is not the first to sin against God and others by what they say. We must confess that unwholesome talk “grieves the Holy Spirit of God” (Ephesians 4:30) as much today as it did twenty centuries ago.

Unwholesome talk includes a variety of sins, including gossip, slander, filthy talk, vulgar words and lying. Such speech should never come forth from the mouth of a follower of the Lord Jesus Christ. Therefore, let us resolve to only speak words that build others up. Let us speak words that benefit those who listen. Let us speak words of blessings and encouragement to our family members and friends and to all people. This we will do as we take care to “guard our heart, for it is the wellspring of life” (Proverbs 4:23).



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Pray for the following needs in the life of SHBC:

Larry Molyneux - On July 5th there will be a visitation time at 6 PM to 8 PM at T.M. Ralph Funeral Home in Plantation. On July 6th at 10 AM there will be a memorial service at SHBC followed by a private family interment.

Bob Money penny - On July 9th there will be a viewing for family and friends at Boyd Panciera at 2 PM followed by a celebration of life at 3 PM.

Toni Anderson is recovering after having a successful surgery.

Nancy Kurosky is scheduled to have hip surgery on July 15th.

Judy Drago's nephew, Graham Kiey, had four wisdom teeth extracted. One was problematic, and he developed a large blood clot to his face and is in serious condition. He is scheduled for surgery.

Frank Jose, who is 8yrs old, is recovering from a bad case of pneumonia.

Donna Tripi is recovering from a fractured wrist after a fall.

Ted Copella received his first treatment of immunotherapy. He did not have any side effects. This treatment is designed to kill the cancer cells and to shrink the swollen lymph glands.

Rebecca Morgado's brother-in-law, Mark, needs to gain strength before he can start treatment.

Dottie Fenton's celebration of life service will be on July 20th at SHBC.

The Todd Family is settling in after moving's Mike's mother to Hollywood.

Pregnant mothers: Rona Phillips, Cristina Smith, Danae Rojas, Taniesha Adderly, and Ashley Marconi, Grace Alonso

Mission Trips: Laredo, TX - July 27/ Aug 2

Children's ministry and other staffing needs.

When you pray for someone's health, remember to pray also for God to sustain and strengthen his or her faith.

Marie Arias, Bernita Blanton, Sheila Burt, Bette Campbell, Ted & Robin Copella, Carlitos Estrada, Jerry Hackett, Devika Inshan, Esau Jaggernaut, Jean Manning, Meryl McQuaig, Jackie Molyneux, Carol Money penny, Charlotte Poer, Verona Plummer, Andrew Santiago, Carol Stephenson

Pray for SHBC Missionaries

CENTRAL ASIAN PEOPLES

Scott & Dawn P.

N. AFRICAN & MIDDLE-EASTERN PEOPLES

Mark & Cathy K.

Kimberly G., Blanca J.

EAST ASIAN PEOPLE

Saul & Alison Kes
Tony & Kalyn S.

AFRICAN PEOPLES

Matthias & Karin

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